

FITALY



MEAT

Timballo di Crespelle *°	£8.50
Lamb Ragù Meatballs layered with Spelt Crepes With Mozzarella & Swiss Chard	
Piadina Ragù di Agnello °	£7.00
Lamb Ragù Wrap With Yogurt, Gran Padano & Rocket Salad	

VEGAN/LACTOSE FREE

Zuppa di Castagne e Borlotti *	£6.50
Chestnut & Borlotti Bean Soup With Buckwheat Pasta	
Insalata di Farro	£6.50
Spelt Salad With Tomato, Mint, Lemon, Rocket, Black Olive	
Melanzane al Forno con Pomodoro	£6.50
Baked Aubergine with Tomato	
Piadina Ceci e Rosmarino	£6.50
Chickpea & Rosemary Wrap	

DESSERT

Pizzelle di Grano Saraceno e Miele	£5.50
Fresh Abruzzese Buckwheat & Honey Biscuits With frozen yogurt & fresh fruit	
Bocconotti	£3.20
Warmed Abruzzese Pastry (LF/GF) With Montepulciano grapes, almond & cocoa	
Frozen Yogurt	£3.50
Topped with fresh fruit	£4.50

VEGETARIAN

Pallotte *	£7.50
Cheese & Egg Balls with Spelt Bread in Tomato Sauce	
Insalata Pasta di Farro	£6.50
Spelt Pasta Salad With Tomato, Mozzarella, Grana Padano, Black Olive, Rocket, Mint	

GLUTEN FREE

Baccala con Ceci e Patate *	£7.50
Roasted Cod With Chickpea & Potato Guazzetto	
Hamburger di Ceci *	£7.50
Chickpea Burger with Avocado Salsa	
Zuppa di Castagne e Borlotti *	£6.50
Chestnut & Borlotti Bean Soup With Buckwheat Pasta	

DRINKS

Aqua Naturale / Frizzante	£1.50
Ginseng Coffee	£2.10
Barley Coffee	£2.00
Espresso	£1.90
Espresso Macchiato	£2.10
Cappuccino	Med £2.80 Large £3.00
Americano	Med £2.50 Large £2.70
Caffè Latte	Med £2.80 Large £3.00
Flat White	£2.80
Organic Tea	£2.50
Organic Herbal Tea	£2.50
Fresh Fruit Smoothies	£2.89
Limonata	£2.65
Cedrata (Fizzy Citron)	£2.65
Chinotto (Fizzy Sicilian Orange)	£2.65
Tonic Water	£2.65
Kid's Juice	£2.00

* Recipes exclusively created by Danilo Cortellini, born in Abruzzo, now Head Chef at the Italian Embassy in London, and author of cookbook '4 Grosvenor Square'.

° All lamb dishes are grass-fed Halal